

Other drugs

Diphenhydramine:

Diphenhydramine is an antihistamine used to treat allergies such as hayfever and it is also used as a sleep aid. It is known to cause drowsiness. It is available as an over-the-counter medicine in Ireland. There is no legal limit for Diphenhydramine in the Irish Road Traffic Act. Examples of Diphenhydramine containing medicines include; Benylin cough syrups, Benylin day and night tablets, Benylin 4Flu, Nytol and Panadol Night (source www.hpra.ie)